

Childcare Menu Week 4 - Week Commencing: 29.07.24

*Low in Sodium & Refined Sugars

*Nut Free

*Locally Sourced Produce

MORNING TEA

 MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



MANDARIN, CHEESE, CORN THINS & VEGGIE STICKS



TROPICAL FRUIT PLATTER
W/ ORGANIC MILK



WHOLEMEAL FLATBREAD
W/ TZATZIKI & CRUDITES



BANANA & WATERMELON W/ BLUEBERRY ORGANIC YOGHURT & OATS



PEACH, PEAR & APPLE W/ ORGANIC MILK



CHICKEN MAC & CHEESE
W/ PEAS & CARROT



BEEF BOLOGNAISE PASTA BAKE W/ GARDEN SALAD



CAJUN CHICKEN & CHEESE SLIDER W/ PINEAPPLE



NOT SO CHILLI CON CARNE W/ CHEESE, RICE & BROCCOLI



MINESTRONE SOUP
W/ WHOLEMEAL BREAD



LUNCH

ITALIAN FOCACCIA W/ CAPSICUM, OLIVES & PEAR



MEXICAN BEEF NACHOS



SPINACH & FETTA ROLLS /
SWEET POTATO SPINACH
ROLLS
W/ ORANGE & ORGANIC MILK



CHEESE& VITA WEATS W/



ZUCCHINI & CHEESE SCONE W/ HERB SPREAD & ORANGE WEDGES