
















# Childcare Menu Week 4 - Week Commencing: 10.03.25

\*Low in Sodium & Refined Sugars

\*Nut Aware

\*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>PEACH &amp; PEAR / BLUEBERRY CRUMBLE W/ ORGANIC YOGHURT</p>	 <p>ORGANIC MILK, BANANA &amp; APPLE</p>	 <p>GRAPES, CHEESE, CORN THINS &amp; VEGGIE STICKS</p>	 <p>MELON &amp; BLUEBERRY ORGANIC YOGHURT W/ OATS</p>	 <p>ORGANIC YOGHURT W/ BANANA &amp; RASPBERRY CHIA</p>
LUNCH	 <p>SWEET &amp; SOUR CHICKEN / CHICKEN PINEAPPLE CURRY W/ BROWN RICE &amp; PEAS &amp; CORN</p>	 <p>AUSSIE BEEF BURGER W/ BEETROOT</p>	 <p>MACARONI &amp; CHEESE W/ PEAS &amp; CARROT</p>	 <p>BEEF BOLOGNAISE PASTA BAKE W/ GARDEN SALAD</p>	 <p>SANDWICH: TUNA, CHEESE &amp; CUCUMBER / ROAST CHICKEN, PUMPKIN HUMMUS &amp; SPINACH SUSHI: TERIYAKI CHICKEN &amp; AVOCADO</p>
AFTERNOON TEA	 <p>TUNA &amp; CHIVE DIP/ TOMATO &amp; CHEESE DIP W/ BROWN RICE CRACKERS</p>	 <p>CHEESE &amp; TOMATO PIZZA</p>	 <p>ITALIAN FOCACCIA W/ CAPSICUM, OLIVES &amp; PEAR</p>	 <p>MEXICAN BEEF NACHOS/ MEXICAN BEEF BURRITO</p>	 <p>WHOLEMEAL FLATBREAD W/ TZATZIKI &amp; CRUDITES</p>