

Childcare Menu Week 4 - Week Commencing: 09.03.26

*Low in Sodium & Refined Sugars

*Nut Aware

*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>MELON & BLUEBERRY ORGANIC YOGHURT W/ OATS</p>	 <p>GRAPES, CHEESE, CORN THINS & VEGGIE STICKS</p>	 <p>WHOLEMEAL FLAT BREAD W/ TZATZIKI & CRUDITES</p>	 <p>TROPICAL FRUIT PLATTER W/ ORGANIC MILK</p>	 <p>ORGANIC YOGHURT W/ BANANA & RASPBERRY CHIA</p>
LUNCH	 <p>MACARONI & CHEESE W/ PEAS & CARROTS</p>	 <p>BEEF BOLOGNAISE PASTA BAKE</p>	 <p>CAJUN CHICKEN & CHEESE SLIDER W/ PINEAPPLE</p>	 <p>NOT SO CHILLI CON CARNE W/ RICE & CORN COBS</p>	 <p>SUSHI: CHICKEN & AVOCADO SANDWICH: TUNA, CHEESE & CUCUMBER / ROAST CHICKEN, PUMPKIN HUMMUS & SPINACH</p>
AFTERNOON TEA	 <p>MEXICAN BEEF NACHOS / MEXICAN BEEF BURRITO</p>	 <p>ITALIAN FOCACCIA W/ CAPSICUM, OLIVES & PEAR</p>	 <p>SPINACH & FETTA ROLLS W/ ORANGE WEDGES</p>	 <p>CHEESE & VITA WEATS W/ TOMATO</p>	 <p>TROPICANA PIZZA W/ ROCKMELON</p>