











## Childcare Menu Week 2 - Week Commencing: 20.05.24

\*Low in Sodium & Refined Sugars

\*Nut Free

\*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>PEAR, CHEESE, MULTIGRAIN CORN THINS &amp; VEGGIE STICKS</p>	 <p>MELON &amp; BLUEBERRY YOGHURT W/ OATS &amp; CHIA</p>	 <p>SPINACH &amp; CHEESE DIP W/ CRISPBREAD &amp; CRUDITES</p>	 <p>TROPICAL FRUIT PLATTER W/ ORGANIC MILK</p>	 <p>ORGANIC MILK, BANANA &amp; GRAPES</p>
LUNCH	 <p>SWEET &amp; SOUR CHICKEN W/ BROWN RICE &amp; GREEN BEANS</p>	 <p>WHOLEMEAL TUNA PASTA BAKE WHOLEMEAL CHICKEN PASTA BAKE W/ BROCCOLI</p>	 <p>CHEESY MEATBALL SUB &amp; BABY SPINACH W/ ROAST POTATOES</p>	 <p>MEAN GREEN MAC &amp; CHEESE W/ CARROT BATONS</p>	 <p>SANDWICHES: BEEF, CHEESE &amp; BAKED BEAN / CHICKEN, CUCUMBER &amp; CHEESY CORN SUSHI: TERIYAKI BEEF/ CHICKEN &amp; AVOCADO</p>
AFTERNOON TEA	 <p>CHEESY TOMATO PINWHEEL W/ HONEYDEW MELON</p>	 <p>MEXICAN BEAN NACHOS</p>	 <p>STICKY DATE PUDDING W/ ORANGE WEDGES</p>	 <p>BEEF &amp; KALE SAUSAGE ROLLS</p>	 <p>CHEESE &amp; VITA WEATS W/ TOMATO</p>