











Childcare Menu Week 2 - Week Commencing: 15.07.24

*Low in Sodium & Refined Sugars

*Nut Free

*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>PEAR, CHEESE, MULTIGRAIN CORN THINS & VEGGIE STICKS</p>	 <p>BLUEBERRY ORGANIC YOGHURT W/ OATS & BANANA</p>	 <p>SPINACH & CHEESE DIP W/ CRISPBREAD & CRUDITES</p>	 <p>TROPICAL FRUIT PLATTER W/ ORGANIC MILK</p>	 <p>ORGANIC MILK, KIWI, PEAR & MANDARIN</p>
LUNCH	 <p>CHICKEN NOODLE STIR FRY</p>	 <p>WHOLEMEAL TUNA PASTA BAKE WHOLEMEAL CHICKEN PASTA BAKE W/ CARROT & BROCCOLI</p>	 <p>CHEESY MEATBALL SUB & BABY SPINACH W/ ROAST POTATOES</p>	 <p>MEAN GREEN MAC & CHEESE W/ CARROT BATONS</p>	 <p>LAMB & BARLEY SOUP W/ WHOLEMEAL BREAD</p>
AFTERNOON TEA	 <p>CHEESY TOMATO PINWHEEL W/ HONEYDEW MELON</p>	 <p>MEXICAN BEAN NACHOS</p>	 <p>STICKY DATE PUDDING W/ ORANGE WEDGES</p>	 <p>BEEF & KALE SAUSAGE ROLLS</p>	 <p>CHEESE & VITA WEATS W/ TOMATO</p>