

Childcare Menu Week 1 - Week Commencing: 14.04.25

*Low in Sodium & Refined Sugars

*Nut Aware

*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>CHEESY TOMATO WHOLEMEAL MUFFIN</p>	 <p>PEACH, PEAR & APPLE W/ ORGANIC MILK</p>	 <p>CUCUMBER, PUMPKIN HUMMUS, ORANGE, CAPSICUM & CRISPIBREAD</p>	 <p>TROPICAL FRUIT PLATTER W/ ORGANIC MILK</p>	 <p>GOOD FRIDAY</p>
LUNCH	 <p>CHICKEN & VEGETABLE NOODLES</p>	 <p>BEEF & CAULIFLOWER LASAGNE W/ ZUCCHINI</p>	 <p>SANDWICHES: CHICKEN, CARROT & CHEESY MINT PEA / ROAST BEEF, TOMATO & PEPITA PESTO SUSHI/ TERIYAKI CHICKEN & AVOCADO</p>	 <p>BEAN BURRITO BOWL W/ CORN CHIPS, RICE & GUACAMOLE</p>	 <p>GOOD FRIDAY</p>
AFTERNOON TEA	 <p>PINEAPPLE, MELON & GRAPES</p>	 <p>WHOLEMEAL GARLIC BREAD W/ ORANGE WEDGES</p>	 <p>APPLE & PEAR STRUDEL W/ ORGANIC YOGHURT</p>	 <p>TUNA & CHIVE DIP / TOMATO & CHEESE DIP W/ VEGGIE STICKS & RICE CRACKERS</p>	 <p>GOOD FRIDAY</p>