

# Childcare Menu Week 1 - Week Commencing: 13/05/2024

\*Low in Sodium & Refined Sugars

\*Nut Free

\*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>ORGANIC MILK, BANANA &amp; GRAPES</p>	 <p>CUCUMBER CHEESE BOATS W/ ORANGE, CAPSICUM &amp; ORGANIC CRACKERS</p>	 <p>MELON &amp; RASPBERRY ORGANIC YOGHURT W/ OATS &amp; CHIA SEEDS</p>	 <p>TROPICAL FRUIT &amp; VEGETABLE PLATTER W/ ORGANIC MILK</p>	 <p>ORGANIC MILK, BROWNIE &amp; RASPBERRY W/ BANANA</p>
LUNCH	 <p>BEAN BURRITO BOWL W/ CORN CHIPS, RICE &amp; GUACAMOLE</p>	 <p>BEEF &amp; CAULIFLOWER LASAGNE W/ SPINACH &amp; TOMATO SALAD</p>	 <p>SANDWICHES: CHICKEN, CARROT, CHEESY MINT PEA / ROAST BEEF, CHEESE &amp; BAKED BEAN SUSHI: TERIYAKI BEEF &amp; AVOCADO</p>	 <p>TUNA &amp; POTATO CURRY/ CHICKEN &amp; PINEAPPLE CURRY W/ BROWN RICE, BROCOLLI, CARROT &amp; ZUCCHINI</p>	 <p>WHOLEMEAL CHEESE BURGER W/ SWEET POTATO CHIPS</p>
AFTERNOON TEA	 <p>SPINACH &amp; CHEESE NAAN W/ CARROT STICKS &amp; BROCCOLI</p>	 <p>CHEDDAR CHEESE &amp; MULTIGRAIN CORN THINS W/ PEAR</p>	 <p>TROPICANA PIZZA W/ APPLE WEDGES</p>	 <p>SWEET CORN DIP W/ORGANIC BROWN RICE CRACKERS</p>	 <p>BLUEBERRY DANISH</p>