



Childcare Menu Week 1 - Week Commencing: 08/07/2024

*Low in Sodium & Refined Sugars

*Nut Free

*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>ORGANIC YOGHURT W/ BANANA, KIWI & RASPBERRY CHIA</p>	 <p>SMASHED AVOCADO ON WHOLEMEAL MUFFIN W/ MELON</p>	 <p>TROPICAL FRUIT PLATTER W/ ORGANIC MILK</p>	 <p>CUCUMBER, HUMMUS, ORANGE, CAPSICUM & CRACKERS</p>	 <p>ORGANIC MILK, BANANA, MANDARIN & APPLE</p>
LUNCH	 <p>BEAN BURRITO BOWL W/ CORN CHIPS, RICE & GUACAMOLE</p>	 <p>BEEF & CAULIFLOWER LASAGNE W/ SALAD</p>	 <p>CHICKEN & VEGETABLE NOODLES</p>	 <p>TUNA & POTATO CURRY/ CHICKEN & PINEAPPLE CURRY W/ BROWN RICE & VEGETABLES</p>	 <p>WHOLEMEAL CHEESE BURGER W/ SWEET POTATO CHIPS</p>
AFTERNOON TEA	 <p>SPINACH & CHEESE NAAN</p>	 <p>CHEDDAR CHEESE & MULTIGRAIN CORN THINS W/ PEAR</p>	 <p>TROPICANA CHICKEN PIZZA</p>	 <p>BLUEBERRY DANISH W/ ORGANIC YOGHURT</p>	 <p>NEW PRODUCT SWEET CORN DIP W/TORTILLA & CRUDITES</p>