

# Childcare Menu Week 1 - Week Commencing: 05/08/2024

\*Low in Sodium & Refined Sugars

\*Nut Free

\*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>ORGANIC YOGHURT W/ BANANA, KIWI &amp; RASPBERRY CHIA</p>	 <p>SMASHED AVOCADO ON WHOLEMEAL MUFFIN W/ MELON</p>	 <p>TROPICAL FRUIT PLATTER W/ ORGANIC MILK</p>	 <p>CUCUMBER, PUMPKIN HUMMUS, ORANGE, CAPSICUM &amp; CRACKERS</p>	 <p>ORGANIC MILK, BANANA, MANDARIN &amp; APPLE</p>
LUNCH	 <p>BEAN BURRITO BOWL W/ CORN CHIPS, RICE &amp; GUACAMOLE</p>	 <p>BEEF &amp; CAULIFLOWER LASAGNE W/ SALAD</p>	 <p>CHICKEN &amp; VEGETABLE NOODLES</p>	 <p>TUNA &amp; POTATO CURRY/ CHICKEN &amp; PINEAPPLE CURRY W/ BROWN RICE &amp; VEGETABLES</p>	 <p>WHOLEMEAL CHEESE BURGER W/ SWEET POTATO CHIPS</p>
AFTERNOON TEA	 <p>SPINACH &amp; CHEESE NAAN</p>	 <p>CHEDDAR CHEESE &amp; MULTIGRAIN CORN THINS W/ PEAR</p>	 <p>TROPICANA CHICKEN PIZZA</p>	 <p>BLUEBERRY DANISH W/ ORGANIC YOGHURT</p>	 <p>NEW PRODUCT SWEET CORN DIP W/ TORTILLA &amp; CRUDITES</p>