

Childcare Menu Week 1 - Week Commencing: 05/08/2024

*Low in Sodium & Refined Sugars

*Nut Free

*Locally Sourced Produce

THURSDAY

ORGANIC ORGANIC

LUNCH

TEA

AFTERNOON

ORGANIC YOGHURT W/ BANANA, KIWI & RASPBERRY CHIA

MONDAY





SMASHED AVOCADO ON WHOLEMEAL MUFFIN W/ MELON



WEDNESDAY

TROPICAL FRUIT PLATTER
W/ ORGANIC MILK



CUCUMBER, PUMPKIN HUMMUS, ORANGE, CAPSICUM & CRACKERS



FRIDAY

ORGANIC MILK, BANANA, MANDARIN & APPLE



BEAN BURRITO BOWL

W/ CORN CHIPS, RICE &
GUACAMOLE

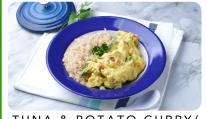


BEEF & CAULIFLOWER LASAGNE

W/ SALAD



CHICKEN & VEGETABLE NOODLES



TUNA & POTATO CURRY/
CHICKEN & PINEAPPLE
CURRY
W/ BROWN RICE &
VEGETABLES



BURGER

W/ SWEET POTATO CHIPS



SPINACH & CHEESE NAAN



CHEDDAR CHEESE & MULTIGRAIN CORN THINS

W/ PEAR



TROPICANA CHICKEN
PIZZA



BLUEBERRY DANISH W/ ORGANIC YOGHURT



SWEET CORN DIP

W/ TORTILLA & CRUDITES