

## Organic Baby Menu Week 2 - Week Commencing 29/07/2024

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| <b>Smooth Puree<br/>6-8 Months</b>  | <b>Organic Apple &amp; Banana</b><br>           | <b>Organic Pear &amp; Zucchini</b><br>          | <b>Organic Sweet Potato &amp; Pear</b><br>        | <b>Organic Pumpkin, Carrot &amp; Bean</b><br>   | <b>Organic Chicken &amp; Sweet Potato</b><br> | <b>Organic Spinach, Lentil &amp; Pumpkin</b><br>         |
| <b>Creamy Puree<br/>8-10 Months</b> | <b>Organic Apple, Banana &amp; Quinoa</b><br>  | <b>Organic Blueberry, Apple &amp; Oats</b><br> | <b>Organic Spinach, Lentil &amp; Pumpkin</b><br> | <b>Organic Cheesy Vegetable Risotto</b><br>    | <b>Organic Beef Bolognese</b><br>            | <b>Organic Chicken, Spinach &amp; Sweet Potato</b><br>  |
| <b>Thick Puree<br/>10-12 Months</b> | <b>Organic Apple, Banana &amp; Quinoa</b><br> | <b>Organic Zucchini, Pea &amp; Pear</b><br>   | <b>Organic Cheesy Vegetable Risotto</b><br>     | <b>Organic Pumpkin, Carrot &amp; Bean</b><br> | <b>Organic Beef Bolognese</b><br>           | <b>Organic Chicken, Spinach &amp; Sweet Potato</b><br> |

**No Added Salt or Sugar**

**Free of Preservatives & Additives**  
[www.healthycookingco.com.au](http://www.healthycookingco.com.au)

**Locally Sourced Organic Produce**



## Organic Dairy-Free Baby Menu Week 2 - Week Commencing 29/07/2024

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| <b>Smooth Puree<br/>6-8 Months</b>  | <b>Organic Apple &amp; Banana</b><br>           | <b>Organic Pear &amp; Zucchini</b><br>        | <b>Organic Sweet Potato &amp; Pear</b><br>       | <b>Organic Pumpkin, Carrot &amp; Bean</b><br>     | <b>Organic Sweet Potato &amp; Chickpea</b><br>     | <b>Organic Spinach, Lentil &amp; Pumpkin</b><br>           |
| <b>Creamy Puree<br/>8-10 Months</b> | <b>Organic Apple, Banana &amp; Quinoa</b><br>  | <b>Organic Zucchini, Pea &amp; Pear</b><br>  | <b>Organic Blueberry, Apple &amp; Pear</b><br>  | <b>Organic Spinach, Lentil &amp; Pumpkin</b><br> | <b>Organic Pumpkin, Carrot &amp; Bean</b><br>     | <b>Organic Sweet Potato &amp; Chickpea</b><br>            |
| <b>Thick Puree<br/>10-12 Months</b> | <b>Organic Apple, Banana &amp; Quinoa</b><br> | <b>Organic Zucchini, Pea &amp; Pear</b><br> | <b>Organic Blueberry, Apple &amp; Pear</b><br> | <b>Organic Pumpkin, Carrot &amp; Bean</b><br>   | <b>Organic Spinach, Lentil &amp; Pumpkin</b><br> | <b>Organic Sweet Potato, Chickpea &amp; Zucchini</b><br> |

**No Added Salt or Sugar**

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**Locally Sourced Organic Produce**