

Organic Baby Menu Week 2 - Week Commencing 04/12/2023

Smooth Puree 6-8 Months	Organic Apple & Banana 	Organic Pear & Zucchini 	Organic Sweet Potato & Pear 	Organic Pumpkin, Carrot & Bean 	Organic Chicken & Sweet Potato 	Organic Spinach, Lentil & Pumpkin 
Creamy Puree 8-10 Months	Organic Apple, Banana & Quinoa 	Organic Blueberry, Apple & Oats 	Organic Spinach, Lentil & Pumpkin 	Organic Cheesy Vegetable Risotto 	Organic Beef Bolognese 	Organic Chicken, Spinach & Sweet Potato 
Thick Puree 10-12 Months	Organic Apple, Banana & Quinoa 	Organic Zucchini, Pea & Pear 	Organic Cheesy Vegetable Risotto 	Organic Pumpkin, Carrot & Bean 	Organic Beef Bolognese 	Organic Chicken, Spinach & Sweet Potato 

No Added Salt or Sugar

Free of Preservatives & Additives
www.healthycookingco.com.au

Locally Sourced Organic Produce

Organic Dairy-Free Baby Menu Week 2 - Week Commencing 04/12/2023

Smooth Puree 6-8 Months	Organic Apple & Banana 	Organic Pear & Zucchini 	Organic Sweet Potato & Pear 	Organic Pumpkin, Carrot & Bean 	Organic Sweet Potato & Chickpea 	Organic Spinach, Lentil & Pumpkin 
Creamy Puree 8-10 Months	Organic Apple, Banana & Quinoa 	Organic Zucchini, Pea & Pear 	Organic Blueberry, Apple & Pear 	Organic Spinach, Lentil & Pumpkin 	Organic Pumpkin, Carrot & Bean 	Organic Sweet Potato & Chickpea 
Thick Puree 10-12 Months	Organic Apple, Banana & Quinoa 	Organic Zucchini, Pea & Pear 	Organic Blueberry, Apple & Pear 	Organic Pumpkin, Carrot & Bean 	Organic Spinach, Lentil & Pumpkin 	Organic Sweet Potato, Chickpea & Zucchini 

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