

Allergy Menu Week 1 - Week Commencing: 13/05/2024

*Low in Sodium & Refined Sugars

*Nut Free

*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>BANANA & GRAPES W/ LF/SOY/RICE MILK</p>	 <p>CUCUMBER BEAN BOAT W/ ORANGE, CAPSICUM & CRACKERS</p>	 <p>MELON & MANGO COCONUT YOGHURT CRUNCH MELON & MANGO COCONUT W/ OATS</p>	 <p>TROPICAL FRUIT & VEGETABLE PLATTER W/ SOY/RICE/LF MILK</p>	 <p>GF BLACK BEAN BROWNIE, RASPBERRY, BANANA & LF/RICE/SOY MILK</p>
LUNCH	 <p>BEAN BURRITO BOWL W/ CORN CHIPS & RICE GF DF BEAN BURRITO BOWL GF DF VEGETABLE RISOTTO</p>	 <p>GF DF BEEF BOLOGNAISE MACARONI BOLOGNAISE CHEESY VEGETABLE LASAGNE GF DF NOMATO VEGETABLE SPAGHETTI W/ GARDEN SALAD</p>	 <p>TERIYAKI BEEF & AVOCADO SUSHI AVOCADO & CUCUMBER SUSHI TERIYAKI CHICKEN SUSHI</p>	 <p>GF DF VEGETABLE CURRY/ CHICKEN PINEAPPLE CURRY & BROWN RICE W/ BROCC, CARROT ZUCCHINI</p>	 <p>GF DF BEEF BURGER PATTIE GF DF CHICKEN BURGER PATTIE GF DF VEGGIE BURGER PATTIE W/ SWEET POTATO CHIPS</p>
AFTERNOON TEA	 <p>GF DF SPINACH & BEAN NAAN W/ CARROT STICKS & BROCCOLI</p>	 <p>GF LF CHEDDAR CHEESE/ BEETROOT HUMMUS W/ BROWN RICE CRACKER BEETROOT HUMMUS & CORN THINS W/ PEAR</p>	 <p>LF TROPICANA PIZZA GF DF TROPICANA PINWHEEL GF DF TROPICANA PIZZA POCKET W/ APPLE</p>	 <p>LF CHEDDAR CHEESE & MULTIGRAIN VITA WEATS HUMMUS & BROWN RICE CRACKERS</p>	 <p>GF DF BLUEBERRY DANISH GF DF BLUEBERRY MUFFIN</p>